



# Gut & Brain Communication Matters™

Unfortunately, aging is a natural process... Fortunately; it doesn't have to equate to a decrease in the way the brain communicates with every cell in our body, particularly those contained within our intestinal terrain.

Science confirms that most of our immune system is based in our gut...that's right, our gut. Consequently, many cases of brain-fog, attention deficit, anxiety/panic disorders and compromised immunity are rooted in a gut that is harboring excessive Candida yeast. In a healthy intestinal environment, there should be eighty percent health-enhancing bacteria and twenty-percent health-depleting. When the reverse occurs, the yeast in the gut affects our entire operating systems, including brain/gut communication.

## A powerful herbal complex for candida yeast detoxification

CandaCleanse™ is a multi-system approach to assist the body in ridding itself of common yeast as in Candida Albicans. A few of the causes of candida yeast include:

- Birth control and cortisone medications
- Excessive consumption of carbohydrates & sugars
- An overly acid pH
- Antibiotic use (destroys intestinal bacteria, good & bad)
- Use of anti-inflammatory & pain medications
- Digestive disorders (constipation and low fiber diet)

## Consequences of yeast overgrowth

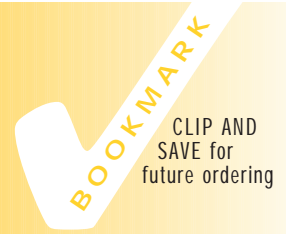
- **Digestive**—bloating, gas, abdominal cramps, diarrhea, constipation, inability to lose weight, insulin resistance
- **Neurological**—chronic fatigue, anxiety, mood swings, memory loss, brain-fog, depression, chronic insomnia
- **Skin**—hives, eczema, psoriasis, profuse sweating, acne, nail fungus
- **Genito-urinary**—(women)—PMS, fluid retention, cramps, recurrent vaginal or bladder infections, loss of sexual desire, crying for no apparent reason; (men) chronic rectal or anal itching, recurrent prostatitis, impotence, genital and inner thigh rashes
- **Endocrine**—thyroid dysfunction, adrenal "burn-out", pancreatic disorders
- **Generalized immune functions**—recurrent infections
- **Hypersensitivity**—hypersensitive to molds, foods and environmental factors

## Mt. Capra Products

Makers of premium goat-milk products, whole food nutritionals, and nutraceuticals in the USA since 1928.



A natural herbal blend to encourage re-establishment of balanced intestinal microflora, elimination of Candida and intestinal yeast, and support of the body's inherent immune functions



CLIP AND SAVE for future ordering

CandaCleanse™ is the client-proven, time-tested blend



used and recommended by Gloria Gilbère, N.D., D.A.Hom., Ph.D. an internationally respected

traditional naturopath, homeopath and doctor of natural health. She is author of *I was Poisoned by my body*, *Invisible Illnesses*, *Nature's Prescription Milk* and *Pain/Inflammation Matters*. For information regarding consulting with Gloria Gilbère or health education travel programs and an archive of her articles, visit her website at [www.drgloriagilbere.com](http://www.drgloriagilbere.com).

For product information

or to order

CandaCleanse,

click here

or call toll free at

(877) 673-0224.